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Virtualna učionica

Study Visit n°2

Nouvelle-Aquitaine Region, France

Future proofing health care services through telecare

Medical Homecare Center City of Zagreb

22 NOVEMBER 2023 | 7-10 Minutes | France

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Context

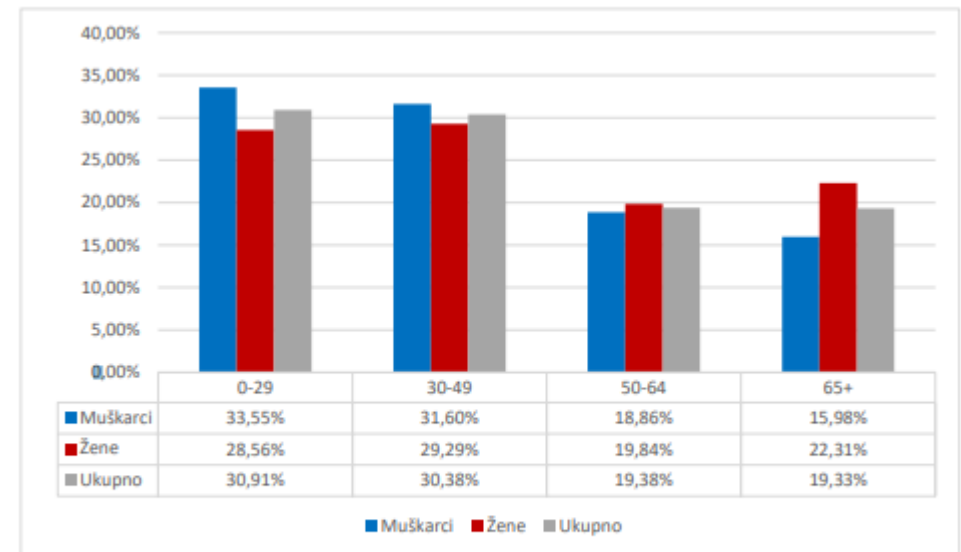


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- Aging - a bio-psychosocial as well as an occupational justice challenge
- The WHO public health framework for healthy aging indicates the importance of maintaining functionality throughout the lifespan
- THE WHO, European Commission & the WFOT recommends that an integrated system of services are needed for healthy ageing across the life course



Slika 4. Struktura stanovništva po dobnim skupinama i spolu, Grad Zagreb procjena 2019.
Izvor: DZS i Referentni centar MZ za zaštitu zdravlja starijih osoba-SJG NZJZ „Dr. Andrija Štampar“

Objectives



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- Providing relevant integrated services 24/7 so to ensure means and resources for scaffolding successful & healthy aging
- Health care workers in the clinical setting detect declines in physical and mental abilities and provide effective interventions to prevent and delay progression
 - Identifying early markers of declining intrinsic capacities, including loss of mobility, malnutrition, visual and hearing impairment, cognitive impairment and depressive symptoms
 - Recognizing the risk of urinary incontinence, falls
 - Recognition and interventions with caregivers of the elderly
- Provide cost effective, socially relevant support at hand



Content

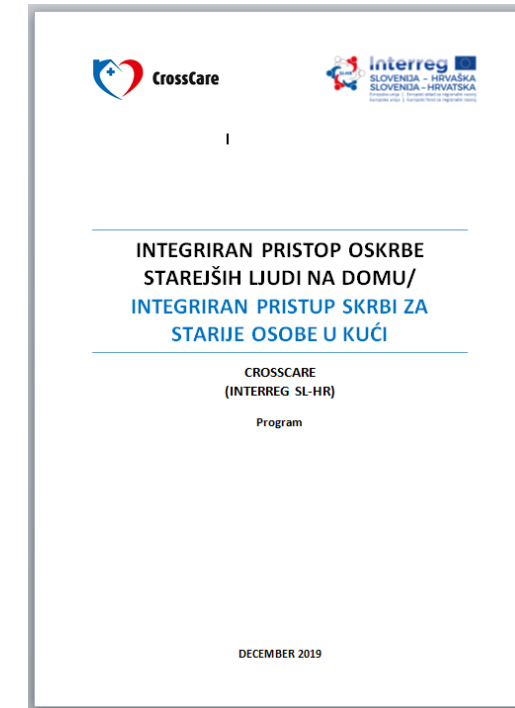


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- Emerging areas of practice through European and local projects
- Developing of health services for relevant social context – integrated nursing, physiotherapy and occupational therapy services
- Developing employee competences
- Establishing context relevant guidelines of practice for integrated care



Contextual factors (COVID, lock down, earthquake) facilitated development of „tele-care” services

Resources needed

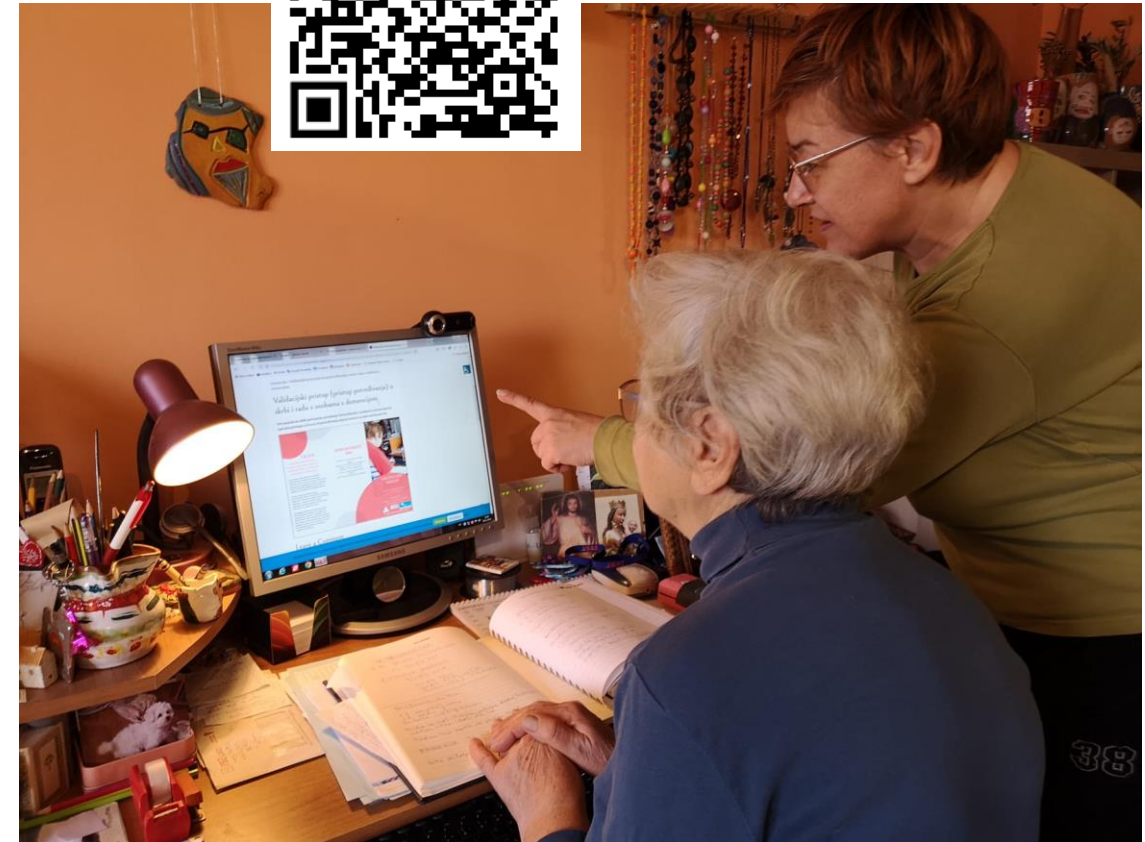


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- Home healthcare institution with 120 employees (nurses, physiotherapists and occupational therapists) – solutions focused „communities of practice”
- Patients – clients – bottom up problem definer
- IT support – technical solutions
- Local municipality support - funding



Results achieved & impact



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- 11 online classrooms in relevant areas (stroke rehab, fall prevention, dementia, lifestyle redesign in mb. Parkinson, mental health, assistive and augmentative communication, etc)
- Face to face presentations
- Direct services (PTs, Ots, nurses)
- Adititional liasons



Lessons learned



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- Key success factors
 - guidelines of practice for the virtual services
 - Hands on practices at hand 24/7
 - Solution focused learning
 - Emmerging areas of practice
- Difficulties encountered
 - Lack of IT skills among population
 - State regulations



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Thank you!



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